



BLUE ROCK RESTAURANT BAR & LOUNGE

Menu

Address: 110 Heron Place

Phone: 1 (345) 945 7625

Cuisine: Sports Bar and Lounge

SOUPS AND APPETIZERS

Conch Chowder

6/9

Chives, crackers (small/large)

Pot Stickers

CI\$7.5

Vegetables or chicken ponzu sauce

Coconut Shrimp

CI\$11.5

Orange, ginger sauce, chili mayo

Baby Back Pork Ribs

CI\$12

Green Cabbage Slaw

Chicken Tender Dippers

CI\$10.75

Honey Mustard, Fries

Cartagena Ceviche

CI\$10.95

Fresh Catch of the Day, Cooked in Lime Juice, and Served with Bell Peppers, Red Onions, Ginger, Watermelon, Scotch Bonnets and Plantain Chips

MAINS

All sandwiches are accompanied by fries, onion rings or salad.

BLT

CI\$11

Bacon, lettuce, tomato on toasted white or wheat bread

Burger

CI\$14

Beef, lamb, chicken or vegetarian, served with grilled onions, mushrooms, tomatoes, lettuce and a choice of cheddar or Swiss cheese. Add bacon CI\$3

Chicken Tikka Masala

CI\$21.95

Chicken Tikka Simmered in Rich Buttery Tomato Gravy. From North India

Pasta Alfredo

CI\$12.5

Creamy White Sauce, Parmesan Cheese. Add Vegetable (CI\$5), Chicken (CI\$7.95) or Shrimp (CI\$9)

SALADS

Asian Chopped Salad

CI\$9.5

Crispy noodles, carrots, broccoli, scallion, black beans, teriyaki sauce

Caesar Salad

CI\$8.5

Bacon, parmesan, bread croutons, Caesar dressing

DESSERTS

Sticky Toffee Pudding

CI\$8.5

Toffee sauce. Add vanilla ice-cream CI\$3.50

Key Lime Pie

CI\$7.95

Lime Cream

SIDES

Mexican Corn Lollipop

CI\$6.5

Lime chilly, Cotija cheese

Edamame

CI\$5.5

Chili sea salt

Nachos & Chips

CI\$7

With or without salsa

Fries

CI\$7

Special fries with BBQ dry rub and Heinz ketchup

This is sample menu. Prices and dishes may change at any time.

Last updated: Thu 06 Feb, 2025