



BLUE ROCK RESTAURANT BAR & LOUNGE

Menu

Address: 110 Heron Place

Phone: 1 (345) 945 7625

Cuisine: Sports Bar and Lounge

SOUPS AND APPETIZERS

Conch Chowder	6/9
Chives, crackers (small/large)	
Pot Stickers	CI\$7.5
Vegetables or chicken ponzu sauce	
Coconut Shrimp	CI\$11.5
Orange, ginger sauce, chili mayo	
Baby Back Pork Ribs	CI\$12
Green Cabbage Slaw	
Chicken Tender Dippers	CI\$10.75
Honey Mustard, Fries	
Cartagena Ceviche	CI\$10.95
Fresh Catch of the Day, Cooked in Lime Juice, and Served with Bell Peppers, Red Onions, Ginger, Watermelon, Scotch Bonnets and Plantain Chips	

MAINS

All sandwiches are accompanied by fries, onion rings or salad.

BLT	CI\$11
Bacon, lettuce, tomato on toasted white or wheat bread	
Burger	CI\$14
Beef, lamb, chicken or vegetarian, served with grilled onions, mushrooms, tomatoes, lettuce and a choice of cheddar or Swiss cheese. Add bacon CI\$3	
Chicken Tikka Masala	CI\$21.95
Chicken Tikka Simmered in Rich Buttery Tomato Gravy. From North India	

Pasta Alfredo **CI\$12.5**
Creamy White Sauce, Parmesan Cheese. Add Vegetable (CI\$5), Chicken (CI\$7.95) or Shrimp (CI\$9)

SALADS

Asian Chopped Salad **CI\$9.5**
Crispy noodles, carrots, broccoli, scallion, black beans, teriyaki sauce

Caesar Salad **CI\$8.5**
Bacon, parmesan, bread croutons, Caesar dressing

DESSERTS

Sticky Toffee Pudding **CI\$8.5**
Toffee sauce. Add vanilla ice-cream CI\$3.50

Key Lime Pie **CI\$7.95**
Lime Cream

SIDES

Mexican Corn Lollipop **CI\$6.5**
Lime chilly, Cotija cheese

Edamame **CI\$5.5**
Chili sea salt

Nachos & Chips **CI\$7**
With or without salsa

Fries **CI\$7**
Special fries with BBQ dry rub and Heinz ketchup

This is sample menu. Prices and dishes may change at any time.

Last updated: Thu 06 Feb, 2025