

# BREAD AND CHOCOLATE Menu

Address: 3 Dr Roy's Drive

Phone: 1 (345) 946 6239

**Cuisine: Vegan Bistro** 

**Delivery terms:** Free central George Town delivery.

Delivery times: Mon-Fri 8am-3pm & 5.30pm-8pm, Sat-Sun 8am-2pm

#### **ALL DAY BREAKFAST**

# Breakfast Sandwich Vegan CI\$14.95

Breakfast scramble (tofu with red onion and turmeric), hickory smoked tempeh, tomato, and housemade garlic aioli on a fresh baked sesame seed bun. Served with home fries and fresh fruit

#### Breakfast Tacos v Vegan CI\$14.95

Two tacos with home fries, red onion, bell peppers, and hickory smoked tempeh in a corn tortilla, with a side of black beans. Topped with fresh made sour cream and pico de gallo. Add 2oz guacamole CI\$3

Waffle Vegan CI\$11.95

CI\$14.95

One traditional waffle, served with fresh fruit and table syrup.

### Toast & Avocado Plate v Vegan

Haas avocado slices on whole grain toast with nutritional yeast flakes, salt and pepper. Served with sautéed kale, grilled plantain and fresh fruit

## **SANDWICHES**

# Philly Sandwich Vegan CI\$15.95

Seasoned seitan strips grilled with red bell peppers, button mushrooms, and red onion, topped with raw cashew cheddar queso on grilled baguette

# Portobello Sandwich Vegan CI\$14.95

Sautéed mushroom, red pepper and red onion, with walnut-kale pesto and housemade garlic aioli on whole grain bread

The Angus Beet Burger v Vegan

CI\$13.95

Pickapeppa-infused shredded beet, brown rice & lentil patty with fresh garlic aioli, lettuce, tomato, red onion on sesame seed bun

#### **FAVOURITES**

Escovitch Tofu vegan

CI\$16.95

Golden fried firm tofu topped with spicy local scotch bonnet, red bell pepper, carrot, red onion, and white vinegar escovitch sauce. Served with brown rice or quinoa and salad

Shepherd's Pie vegan

CI\$15.95

Chopped root vegetables and lentils topped with smashed potatoes and mushroom gravy. Served with garlic sautéed seasonal greens

#### SALAD AND SOUPS

Soup of the Day Vegan

CI\$8.95

16oz bowl of soup, served with crostini

Grilled Taco Salad Vegan

CI\$18.95

Guacamole, black beans, grilled red peppers and onions, pico, sour cream, quinoa or cilantro brown rice atop Caesar or house salad

# **MAINS**

SpagBalls vegan

CI\$19.95

Whole wheat spaghetti simmered in mushroom and fresh spinach marinara. Topped with house-made beet, brown rice and lentil BeetBalls or three BeyondBalls

**Vegetable Kofta Curry** Vegan

CI\$17.75

House-made golden fried kofta balls with potato, carrot, beans, red bell pepper, tofu, cauliflower, green peas and chili in a cashew tomato curry sauce. Served with peas pulao and salad

This is a sample menu. Prices and dishes may change at anytime.

Last updated: Thu 25 Jan, 2024