



ISLAND NATURALS CAFÉ

Drinks Menu

Address: Ground Floor, Sunbird House

Phone: (345) 945 2252

Cuisine: Healthy Eating

Delivery terms: Delivery available exclusively via Bento

Delivery times: See Bento app for delivery times.

SMOOTHIES

Personalise your smoothie by adding: Whey Protein / Plant Protein (\$1.75) and Oats (\$1)

Maca Mocha	CI\$9
Maca Powder, Banana, Espresso, Cacao, Dates, Almond Milk	
Green Matcha Monster	CI\$9.50
Matcha, Avocado, Agave, Banana, Almond Butter, Coconut Milk	
Cinnamon Crunch	CI\$9
Coconut Crunch, Cinnamon, Dates, Banana, Almond Butter, Almond Milk	
Island Twister	CI\$9
Strawberry, Mango, Pineapple, Banana, Coconut Milk	
Flat Belly	CI\$9
Kale, Blueberry, Pineapple, Banana, Almond Butter, Coconut Milk	
Pitaya Paradise	CI\$9
Dragon Fruit Powder, Mixed Berry, Banana, Agave, Coconut Milk	
Blue Wave	CI\$9
Blue Spirulina, Banana, Pineapple, Mango, Coconut Milk	
Breakfast Smoothie	CI\$9
Banana, Strawberry, Granola, Whey Protein, Almond Milk	
Peanut Butter Choco Chip	CI\$9
Peanut Butter, Chocolate Rice Protein, Oats, Banana, Almond Milk	

Tropic-Kale

CI\$9

Pineapple, Mango, Banana, 'Green Harvest' Juice

REFRESH'IN

Made with local Coconut Water

Coconut Dream

CI\$7

Mango, Coconut, Lemon, Butterfly Pea, Soda

Hibiscus Coconut

CI\$7

Hibiscus, Lemon, Soda

Rocket-Pop

CI\$7

Raspberry, Blue Curacao, Lemon, Butterfly Pea, Soda

Cool as a Cucumber

CI\$7

Cucumber, Mint, Lemon, Butterfly Pea, Soda

FRESH PRESSED JUICES

Green Harvest

CI\$7.50

Spinach, Kale, Pineapple, Mint, Apple

Ginger Beet

CI\$7

Watermelon, Apple, Lemon, Ginger, Beet

Carotene Dream

CI\$7.50

Orange, Carrot, Turmeric, Pineapple, Ginger, Lemon

Local Coconut Water

CI\$7

HOT COFFEE

Make any coffee a large for CI\$1 extra

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender

Milk Options: Coconut Milk / Almond Milk / Oat Milk / Organic Whole Milk / Organic 2% Milk

Allergy friendly substitutions are available for many of our drinks.

Fresh Brew	CI\$4
Latte	CI\$5.25
Flat White	CI\$5
Cappuccino	CI\$5
Americano	CI\$4.50
Espresso	CI\$3.5
Macchiato	CI\$3.5
Cafe Mocha	CI\$5.5
Cortado	CI\$4

ICED COFFEE AND FRAPPES

Make any coffee a large for CI\$1 extra

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender

Milk Options: Coconut Milk / Almond Milk / Oat Milk / Organic Whole Milk / Organic 2% Milk

Allergy friendly substitutions are available for many of our drinks.

Cold Brew	CI\$4.75
Iced Brew	CI\$4
Iced Latte	CI\$5.25
Iced Mocha	CI\$5.5
Iced Americano	CI\$4.5
Vanilla Frappe	CI\$6.5
Mocha Frappe	CI\$6.5
Salted Caramel Frappe	CI\$6.5
Hazelnut Frappe	CI\$6.5
Matcha Frappe	CI\$6.5

SPECIALTY BEVERAGES

Add a shot of espresso

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender / Rose

Boosters: Bulletproof Brain Octane Oil / Superfood Mushrooms

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, organic whole milk, organic 2% milk or organic half & half

Chai Latte	CI\$5.5
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Served hot or iced

Hot Chocolate	CI\$5
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Served hot or iced

London Fog	CI\$5.50
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Served hot or iced

Matcha Latte	CI\$5.50
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Served hot or iced

TEAS

All teas are made with filtered water and a choice of coconut milk, almond milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

*Try these teas iced!

Black Tea	CI\$4
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Earl Grey / Masala Chai / English Breakfast

Green Tea	CI\$4
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Jasmine Green / Raspberry Green* / Citrus Ginger Green* / Moroccan Mint*

Herbal	CI\$4
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Peppermint / Crimson Berry* / Peach Rooibos* / Golden Ginger Turmeric

Last updated: Fri 10 Oct, 2025