ISLAND NATURALS CAFÉ
Drinks Menu

Address: Ground Floor, Sunbird House
Phone: (345) 945 2252
Cuisine: Healthy Eating

Delivery terms: Delivery available exclusively via Bento

Delivery times: See Bento app for delivery times.

SMOOTHIES

Personalise your smoothie by adding: Whey Protein / Plant Protein ($1.75) and Oats ($1)

Maca Mocha **CI$9**

Maca Powder, Banana, Espresso, Cacao, Dates, Almond Milk

Green Matcha Monster **CI$9.50**

Matcha, Avocado, Agave, Banana, Almond Butter, Coconut Milk

Cinnamon Crunch **CI$9**

Coconut Crunch, Cinnamon, Dates, Banana, Almond Butter, Almond Milk

Island Twister **CI$9**

Strawberry, Mango, Pineapple, Banana, Coconut Milk

Flat Belly **CI$9**

Kale, Blueberry, Pineapple, Banana, Almond Butter, Coconut Milk

Pitaya Paradise **CI$9**

Dragon Fruit Powder, Mixed Berry, Banana, Agave, Coconut Milk

Blue Wave **CI$9**

Blue Spirulina, Banana, Pineapple, Mango, Coconut Milk

Breakfast Smoothie **CI$9**

Banana, Strawberry, Granola, Whey Protein, Almond Milk

Peanut Butter Choco Chip **CI$9**

Peanut Butter, Chocolate Rice Protein, Oats, Banana, Almond Milk

Tropic-Kale **CI$9**

Pineapple, Mango, Banana, ‘Green Harvest’ Juice

REFRESH'IN

Made with local Coconut Water

Coconut Dream **CI$7**

Mango, Coconut, Lemon, Butterfly Pea, Soda

Hibiscus Coconut **CI$7**

Hibiscus, Lemon, Soda

Rocket-Pop **CI$7**

Raspberry, Blue Curacao, Lemon, Butterfly Pea, Soda

Cool as a Cucumber **CI$7**

Cucumber, Mint, Lemon, Butterfly Pea, Soda

FRESH PRESSED JUICES

Green Harvest V **CI$7.50**

Spinach, Kale, Pineapple, Mint, Apple

Ginger Beet V **CI$7**

Watermelon, Apple, Lemon, Ginger, Beet

Carotene Dream **CI$7.50**

Orange, Carrot, Turmeric, Pineapple, Ginger, Lemon

Local Coconut Water V **CI$7**

HOT COFFEE

Make any coffee a large for CI$1 extra

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender

Milk Options: Coconut Milk / Almond Milk / Oat Milk / Organic Whole Milk / Organic 2% Milk

Allergy friendly substitutions are available for many of our drinks.

Fresh Brew	**CI$4**
Latte	**CI$5.25**
Flat White	**CI$5**
Cappuccino	**CI$5**
Americano	**CI$4.50**
Espresso	**CI$3.5**
Macchiato	**CI$3.5**
Cafe Mocha	**CI$5.5**
Cortado	**CI$4**

ICED COFFEE AND FRAPPES

Make any coffee a large for CI$1 extra

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender

Milk Options: Coconut Milk / Almond Milk / Oat Milk / Organic Whole Milk / Organic 2% Milk

Allergy friendly substitutions are available for many of our drinks.

Cold Brew	**CI$4.75**
Iced Brew	**CI$4**
Iced Latte	**CI$5.25**
Iced Mocha	**CI$5.5**
Iced Americano	**CI$4.5**
Vanilla Frappe	**CI$6.5**
Mocha Frappe	**CI$6.5**
Salted Caramel Frappe	**CI$6.5**
Hazelnut Frappe	**CI$6.5**
Matcha Frappe	**CI$6.5**

SPECIALTY BEVERAGES

Add a shot of espresso

Add an organic flavour shot: Hazelnut / Caramel / Chocolate / Vanilla / Lavender / Rose

Boosters: Bulletproof Brain Octane Oil / Superfood Mushrooms

All coffees are made with filtered water and a choice of coconut milk, almond milk, oat milk, organic whole milk, organic 2% milk or organic half & half

Chai Latte **CI$5.5**

Served hot or iced

Hot Chocolate **CI$5**

Served hot or iced

London Fog **CI$5.50**

Served hot or iced

Matcha Latte **CI$5.50**

Served hot or iced

TEAS

All teas are made with filtered water and a choice of coconut milk, almond milk, quinoa milk, organic whole milk, organic 2% milk or organic half & half.

*Try these teas iced!

Black Tea **CI$4**

Earl Grey / Masala Chai / English Breakfast

Green Tea **CI$4**

Jasmine Green / Raspberry Green* / Citrus Ginger Green* / Moroccan Mint*

Herbal **CI$4**

Peppermint / Crimson Berry* / Peach Rooibos* / Golden Ginger Turmeric

Last updated: Fri 10 Oct, 2025