ISLAND NATURALS THE GROVE

Kids Menu

Address: The Grove
Phone: (345) 516 7300
Cuisine: Healthy Breakfast, Lunch & Dinner

Delivery terms: Delivery available exclusively via Bento

Delivery times: See Bento app for delivery times.

BREAKFAST

Available until 11am on weekdays and 11.30am on weekends

JR French Toast V — **CI$8**

Seasonal Berries, Powdered Sugar, Maple Syrup, Berry Compote

JR Mini Oat Buttermilk Pancakes V — **CI$8**

Choice Of Original, Chocolate Chip, Blueberry or Banana, Served With Maple Syrup and Powdered Sugar

JR IN Breakfast Plate — **CI$10**

1 Egg, Any Style. Smashed Fingerlings, Turkey Bacon, Fruit

JR Avocado Toast — **CI$12**

Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI$4

JR Fruity Acai Bowl — **CI$6**

Banana, Seasonal Berries

JR Fruit Cup — **CI$4**

ALL DAY

Available from 11am on weekdays and 11.30am on weekends

JR Pasta V — **CI$9**

Choice Of Butter, Marinara or Cheeze Sauce. Add Chicken CI$4

JR Avocado Toast **CI$12**

Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI$4

JR Taco **CI$12**

Choice Of Mushroom, Fish or Chicken. Flour Tortilla, Lettuce, Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli

JR IN Plate **CI$12**

Choice Of Fish, Chicken or Plant-Based Sausage. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Quinoa / Avocado / Steamed Broccoli

DRINKS

Stawberry Banana Smoothie **CI$6**

Coconut Milk

Rocket Pop Refresher **CI$4**

Coconut Water, Butterfly Pea Syrup, Curacao, Raspberry, Lemon, Soda

Local Coconut Water **CI$5**

Superhero Smoothie **CI$6**

Banana, Blueberry, Spinach, Agave, Coconut Milk

Recharge Juice **CI$5**

Watermelon, Mint, Apple, Lemon

Last updated: Thu 18 Dec, 2025