## ISLAND NATURALS THE GROVE

sland Kids Menu

**Address: The Grove Phone:** (345) 516 7300

Cuisine: Healthy Breakfast, Lunch & Dinner

Delivery terms: Delivery available exclusively via Bento

Delivery times: Available from 11am

## **BREAKFAST**

Available until 11am on weekdays and 11.30am on weekends

JR French Toast **CI\$8** Seasonal Berries, Powdered Sugar, Maple Syrup, Berry Compote JR Mini Oat Buttermilk Pancakes **CI\$8** Choice Of Original, Chocolate Chip, Blueberry or Banana, Served With Maple Syrup and Powdered Sugar JR IN Breakfast Plate CI\$10 1 Egg, Any Style. Smashed Fingerlings, Turkey Bacon, Fruit JR Avocado Toast CI\$12 Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI\$4 JR Fruity Acai Bowl **CI\$6** Banana, Seasonal Berries **CI\$4** JR Fruit Cup

## **ALL DAY**

Available from 11am on weekdays and 11.30am on weekends

JR Pasta CI\$9

Choice Of Butter, Marinara or Cheeze Sauce. Add Chicken CI\$4

Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI\$4	
JR Taco	CI\$12
Choice Of Mushroom, Fish or Chicken. Flour Tortilla, Lettuce, Tomato. Choice Of 2 Sides: Veggies	s & Hummus /
Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli	
JR IN Plate	CI\$12
Choice Of Fish, Chicken or Plant-Based Sausage. Choice Of 2 Sides: Veggies & Hummus / Fruit 0	Cup / Brown
Rice / Smashed Fingerlings / Quinoa / Avocado / Steamed Broccoli	
DRINKS	
Stawberry Banana Smoothie	CI\$6
Coconut Milk	
Rocket Pop Refresher	CI\$4
Coconut Water, Butterfly Pea Syrup, Curacao, Raspberry, Lemon, Soda	
Local Coconut Water	CI\$5
Superhero Smoothie	CI\$6
Banana, Blueberry, Spinach, Agave, Coconut Milk	
Recharge Juice	CI\$5
Watermelon, Mint, Apple, Lemon	

Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed

CI\$12

**JR Avocado Toast** 

Last updated: Mon 07 Apr, 2025