ISLAND NATURALS THE GROVE

sland Kids Menu

Address: The Grove Phone: (345) 516 7300

Cuisine: Healthy Breakfast, Lunch & Dinner

Delivery terms: Delivery available exclusively via Bento

Delivery times: See Bento app for delivery times.

BREAKFAST

Available until 11am on weekdays and 11.30am on weekends

JR French Toast **CI\$8** Seasonal Berries, Powdered Sugar, Maple Syrup, Berry Compote JR Mini Oat Buttermilk Pancakes **CI\$8** Choice Of Original, Chocolate Chip, Blueberry or Banana, Served With Maple Syrup and Powdered Sugar JR IN Breakfast Plate CI\$10 1 Egg, Any Style. Smashed Fingerlings, Turkey Bacon, Fruit JR Avocado Toast CI\$12 Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI\$4 JR Fruity Acai Bowl **CI\$6** Banana, Seasonal Berries **CI\$4** JR Fruit Cup

ALL DAY

Available from 11am on weekdays and 11.30am on weekends

JR Pasta CI\$9

Choice Of Butter, Marinara or Cheeze Sauce. Add Chicken CI\$4

Sourdough, Cherry Tomato. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown Rice / Smashed
Fingerlings / Avocado / Steamed Broccoli. Add Chicken CI\$4
JR Taco CI\$1
Choice Of Mushroom, Fish or Chicken. Flour Tortilla, Lettuce, Tomato. Choice Of 2 Sides: Veggies & Hummus /
Fruit Cup / Brown Rice / Smashed Fingerlings / Avocado / Steamed Broccoli
JR IN Plate CI\$1
Choice Of Fish, Chicken or Plant-Based Sausage. Choice Of 2 Sides: Veggies & Hummus / Fruit Cup / Brown
Rice / Smashed Fingerlings / Quinoa / Avocado / Steamed Broccoli
DRINKS
Stawberry Banana Smoothie CI\$
Coconut Milk
Rocket Pop Refresher CI\$
Coconut Water, Butterfly Pea Syrup, Curacao, Raspberry, Lemon, Soda
Local Coconut Water CI\$
Superhero Smoothie CI\$
Banana, Blueberry, Spinach, Agave, Coconut Milk
Recharge Juice CI\$
Watermelon, Mint, Apple, Lemon

CI\$12

JR Avocado Toast

Last updated: Thu 18 Dec, 2025