



NOURISH

Menu

Address: VIDA Hotel

Phone: 1 (345) 938 9114

Cuisine: Farm-to-Fork Breakfast & Lunch

Available 7am-3pm

ALL DAY BREAKFAST

Add avocado CI\$2 / ackee and tofu scramble CI\$2 / bacon/chicken sausage CI\$2 / cheese CI\$1 / sautéed mushrooms CI\$2 / mini fruit salad CI\$2

Barkers Breakfast CI\$16

Two organic eggs your way, sourdough toast, roasted sweet potatoes, basil marinated tomato, choice of bacon, sautéed mushrooms or housemade chicken sausage patty

Breakfast Tacos CI\$16

Scrambled egg on homemade corn tortillas, avocado mash, pico & refried beans

COFFEE DRINKS

Macchiato CI\$5

Nourish Cold Brew CI\$4

FRESH JUICE

Immunity CI\$9

Apple, carrot, orange and zesty dose of ginger

Antioxidant CI\$9

Beets, carrot, apple, lemon

SMOOTHIES

Berry Bliss

CI\$12

Berries, banana, Greek yogurt

Power Up

CI\$12

Banana, strawberry, pineapple, mango, kale

This is a sample menu. Prices and dishes may change at any time.

Last updated: Tue 06 Jan, 2026