



# PANE & PASTA PIZZERIA AND ITALIAN RESTAURANT

## Lunch Menu

**Address:** Corner of Market Street and Nexus Way

**Phone:** (345) 547 9208

**Cuisine:** Italian

## ITALIAN DELI SANDWICHES

On schiacciata (Tuscan crispy bread)

Substitute any spread for: pecorino cream / artichoke cream / truffle cream / fresh pesto / dijonaise

Cost with fries or salad: CI\$13.95 (half sandwich) / CI\$19.95 (whole sandwich)

### Italia

Prosciutto, provolone cheese, arugula, pecorino cream. Half-sandwich: \$10.95 / Whole sandwich: \$16.95

### Boss

Mortadella, sweet gorgonzola, arugula, artichoke cream. Half-sandwich: \$10.95 / Whole sandwich: \$16.95

### Romeo

Italian ham, smoked provolone, arugula, truffle cream. Half-sandwich: \$10.95 / Whole sandwich: \$16.95

### Works

Prosciutto, salami, mortadella, provolone, artichoke cream. \$10.95 / Whole sandwich: \$16.95

## HOT SANDWICHES

Add mushrooms or sweet peppers or hot peppers or extra cheese - \$2

### Chicken Parm

**CI\$10.95**

Breaded chicken breast, tomato sauce and mozzarella cheese. Price with salad or fries: \$13.95

### Chicken Milanese

**CI\$10.95**

Breaded chicken breast, lettuce, tomato with either dijonaise (dijon & mayo), bbq sauce, ketchup, dijon mustard or mayonnaise. Price with salad or fries: \$13.95

### Chicken

CI\$10.95

Marinated chicken breast, lettuce, tomato with either dijonnaise (dijon & mayo), bbq sauce, ketchup, dijon mustard or mayonnaise. Price with salad or fries: \$13.95

### Caprese v

CI\$11.95

Fior di latte cheese, sliced tomatoes, arugula, extra virgin olive oil, balsamic glaze. Price with salad or fries: \$14.95

### Porchetta

CI\$10.95

Homemade Italian porchetta, fontina cheese, artichoke cream. Price with salad or fries: \$13.95

## APPETIZERS

### Garlic Bread v Vegan

CI\$4.95

Homemade sourdough bread with fresh garlic, olive oil and herbs. Add cheese - \$2

### Meatballs

CI\$9.95

Homemade meatballs in tomato sauce served with shaved parmesan

### Bruschetta v Vegan

CI\$10.95

Diced fresh tomatoes, garlic, basil, oregano

### Calamari

CI\$13.95

Crispy Italian tempura with tomato arrabbiata sauce and lemon wedge

### Farinata v Vegan

CI\$13.95

Golden chickpea flatbread served with arugula, radicchio, sun-dried tomatoes and balsamic glaze

### Mozzarella Milanese v

CI\$13.95

Breaded deep-fried fresh fior di latte mozzarella cheese with marinara or arrabbiata sauce

## SOUP

### Chef's Soup of the Day v Vegan

CI\$7.95

Ask your server

### Minestrone v Vegan

8..95

Mixed vegetables with tomato sauce

## SALADS

Side / Regular (Add \$3)

Add: chicken CI\$5 / avocado CI\$5 / shrimp CI\$6 / fresh salmon or catch chunks CI\$6 / salmon or catch fillet CI\$10

**Mista** v Vegan **CI\$6.95**

Mixed greens, radicchio, shaved parmigiano, extra-virgin olive oil and lemon juice dressing. Small \$6.95 or Regular \$9.95

**Caesar** v **CI\$6.95**

Romaine lettuce, bread crostini, shaved parmesan cheese with caesar dressing. Small \$6.95 or Regular \$9.95

**Caprese** v **CI\$7.95**

Fresh mozzarella, fresh tomatoes, extra-virgin olive oil and balsamic glaze. Small \$7.95 or Regular \$10.95

**Florence** v **CI\$7.95**

Fresh spinach, asiago cheese, apple, almonds, fresh ricotta cheese, extra-virgin olive oil and balsamic vinaigrette dressing. Small \$7.95 or Regular \$10.95

## CREATE YOUR OWN PASTA

Choose between plain pasta and egg pasta (all home-made pastas are made fresh in-house).

Choose a portion size: medium or regular.

Choose a sauce: meat bolognese, tomato & basil, arrabbiata (spicy tomato), amatriciana, fresh pesto, alfredo sauce, 4-cheese, aglio olio e peperoncino, cacio e pepe, vegan vegetable bolognese

Add to pasta (medium/regular portion): chicken \$5, homemade Italian sausage \$5, meatballs \$6, shrimp \$6, salmon fillet \$10

**Plain Pasta** v Vegan **CI\$13.95**

Choose between: Spaghetti, fusilli, spaghettoni, rigatoni. Price for medium portion: \$10.95

**Egg Pasta** **CI\$14.95**

Choose between: Meat or ricotta and spinach ravioli, cheese ravioli, fettuccine, gigli gnocchi. Price for medium portion: \$11.95

**Gluten Free Penne** v Vegan GF **CI\$15.95**

Price for a medium portion \$12.95

## FRESH PASTA

<b>Cannelloni alla Fiorentina</b>	<b>CI\$15.95</b>
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Fresh spinach, ricotta cheese and tomato sauce. Medium portion: \$11.95

<b>Gnocchi</b>	<b>CI\$16.95</b>
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Homemade potato dumplings served with gorgonzola cheese, parmesan, taleggio and mozzarella creamy sauce. Medium portion: \$13.95

<b>Lasagna</b>	<b>CI\$15.95</b>
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Baked with bolognese sauce, bechamel, parmigiano reggiano and mozzarella cheese. Medium portion: \$11.95

<b>Spaghettoni Carbonara</b>	<b>CI\$16.95</b>
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Pancetta, creamy egg yolk, pecorino cheese and black pepper. Medium portion: \$13.95

<b>Sausage &amp; Olive Rigatoni</b>	<b>CI\$17.95</b>
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Homemade Italian sausage and Mediterranean olives in a lightly spiced tomato and basil sauce. Medium portion: \$15.95

<b>Fettuccine Chicken Alfredo</b>	<b>CI\$17.95</b>
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Fettuccine with grilled chicken breast and fresh Alfredo sauce. Medium portion: \$14.95

<b>Pink Gigli</b>	<b>CI\$18.95</b>
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Salmon with egg-gigli pasta served with a pink vodka sauce.

<b>Seafood Spaghetti</b>	<b>CI\$19.95</b>
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Shrimp, mussels, baby clams, calamari with tomato sauce

## MAINS

<b>Eggplant Parmigiana</b> <span>☑</span>	<b>CI\$14.95</b>
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Layered eggplant, tomato sauce, mozzarella and parmesan with basil

<b>Marinated Grilled Chicken Breast</b>	<b>CI\$15.95</b>
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Served with choice of french fries or salad

<b>Italian Porchetta</b>	<b>CI\$16.95</b>
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Pork loin, pork belly, fresh herbs. Served with choice of french fries or salad

<b>Grilled 6 oz Sirloin Steak</b>	<b>CI\$16.95</b>
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Served with choice of french fries or salad

**Chicken Parmigiana** **CI\$16.95**

Breaded chicken breast, tomato sauce, mozzarella cheese served with french fries or salad

**6oz Catch of the Day or Salmon Fillet** **CI\$19.95**

Grilled, blackened or pan-fried, served with choice of french fries or salad

## PIZZAS

7" / 12"

Add:

Pepperoni / ham / sausage / bacon / grilled or jerk or BBQ chicken / pineapple / caramelised onion / mushroom /  
artichoke / fresh tomatoes / red bell peppers / green peppers / jalapeños / black olives \$2

Extra fior di latte mozzarella cheese / arugula / truffle oil CI\$4

Prosciutto di Parma CI\$5

12" Gluten-free crust CI\$4

**Margherita** V **CI\$14.95**

Tomato sauce, fresh fior di latte mozzarella cheese, basil. 7" \$9.95 or 12" \$14.95

**Pepperoni** **CI\$15.95**

Tomato sauce, fior di latte mozzarella cheese, pepperoni. 7" \$10.95 or 12" \$15.95

**Calzone** **CI\$16.95**

Pizza-pocket with ham and fior di latte mozzarella cheese topped with tomato sauce. 7" \$11.95 or 12" \$16.95

**Diavola** **CI\$16.95**

Tomato sauce, fior di latte mozzarella cheese, spicy Napoli salami. 7" \$11.95 or 12" \$16.95

**Vegetarian** V **CI\$16.95**

Tomato sauce, fior di latte cheese, grilled eggplant, zucchini, artichoke, bell peppers. 7" \$11.95 or 12" \$16.95

**Hawaiian** **CI\$16.95**

Tomato sauce, fior di latte mozzarella cheese, ham, fresh pineapple. 7" \$11.95 or 12" \$16.95

**Ham & Mushroom** **CI\$16.95**

Tomato sauce, fior di latte mozzarella cheese, Italian ham, mushrooms. 7" \$11.95 or 12" \$16.95

<b>Four-Cheese</b> <span style="border: 1px solid green; padding: 0 2px;">V</span>	<b>CI\$16.95</b>
Tomato sauce, fior di latte mozzarella, provolone, gorgonzola, parmesan cheeses. 7" \$11.95 or 12" \$16.95	
<b>Napoli</b>	<b>CI\$16.95</b>
Tomato sauce, fior di latte mozzarella cheese, capers, anchovies. 7" \$11.95 or 12" \$16.95	
<b>Tuna</b>	<b>CI\$16.95</b>
Tomato sauce, fior di latte mozzarella cheese, chunky tuna in olive oil, red onions. 7" \$11.95 or 12" \$16.95	
<b>4-Seasons</b>	<b>CI\$17.95</b>
Tomato sauce, fior di latte mozzarella cheese, ham, mushroom, artichoke, olives. 7" \$12.95 or 12" \$17.95	
<b>Caribbean</b>	<b>CI\$17.95</b>
BBQ sauce, tomato sauce, fior di latte mozzarella cheese, grilled or jerk chicken, red bell pepper, caramelized onion, scotch bonnet. 7" \$12.95 or 12" \$17.95	
<b>Calabrese</b>	<b>CI\$17.95</b>
Tomato sauce, fior di latte mozzarella cheese, spicy Napoli salami and spicy capicollo, grilled eggplant, fresh tomatoes, smoked provolone cheese. 7" \$12.95 or 12" \$17.95	
<b>Arugula</b>	<b>CI\$18.95</b>
Prosciutto di Parma, ricotta cheese, arugula, shaved parmesan. 7" \$13.95 or 12" \$18.95	
<b>Classic</b>	<b>CI\$18.95</b>
Tomato sauce, fior di latte cheese, pepperoni, sausage, mushroom, onions, green peppers. 7" \$13.95 or 12" \$18.95	
<b>Pane &amp; Pasta</b>	<b>CI\$18.95</b>
Tomato sauce, fior di latte cheese, Italian sausage, pepperoni, Italian ham, salami. 7" \$13.95 or 12" \$18.95	
<b>Trevigiana</b>	<b>CI\$19.95</b>
White pizza, fior di latte mozzarella cheese, Italian sausage, mushrooms, radicchio and topped with shaved parmesan and truffle oil. 7" \$13.95 or 12" \$19.95	

Last updated: Mon 03 Feb, 2025