SEVEN MILE GREENS

Menu

Address: #4-104 Governor's Square
Phone: 1 (345) 325 3430
Cuisine: Salad and Sandwich Bar

BREAKFAST

Available 8.30am-10.30am

Bacon or Sausage, Egg & Cheese Sandwich **CI$8.95**

Bacon or housemade sausage, eggs and American cheese on ciabatta

Avocado Everything v **CI$9.95**

Smashed avocado, cream cheese, tomato, and alfalfa sprouts on an everything bagel

SIGNATURE SALADS

Caesar Salad v **CI$9.95**

Romaine hearts, freshly grated parmesan, garlic parmesan croutons, Caesar dressing

Chinese Chicken Salad **CI$12.95**

Romaine hearts, shredded cabbage, almond, carrot, chicken, edamame, mandarins, sesame seeds, wonton strips, sesame ginger and Thai peanut dressing

BOWLS

Buddha Bowl v Vegan **CI$12.95**

Quinoa, arugula, avocado, beets, cauliflower, chickpeas, sweet potato, tofu, lemon tahini dressing

Santa Fe Bowl **CI$12.95**

Quinoa, romaine hearts, chicken, corn, black beans, avocado, queso fresco, tortilla strips, ancho ranch dressing and pico de gallo

SANDWICHES

California Turkey Club **CI$13.95**

Turkey, avocado, bacon, tomato, spinach, alfalfa sprouts, and dilly ranch on multigrain

Tuna Salad **CI$10.95**

Tuna salad, shredded lettuce, tomato, alfalfa sprouts, and citrus mayo on white

Turkey Reuben **CI$11.95**

Roast turkey, Swiss cheese, 1000 Island dressing, coleslaw, grainy Dijon mustard on rye

Chicken Parmesan **CI$12.95**

Pan-fried panko chicken, marinara sauce, parmigiano reggiano, fresh mozzarella, and nut free pesto on toasted tuscan roll

This is a sample menu. Prices and dishes may change at any time.

Last updated: Wed 21 Jan, 2026